Online Continuing Education Course Series FAQ

Educational Fitness Solutions
instruction . training . support

1. What is the difference between a CEC/CEU course and a College/University Certificate program course?
Our CEC/CEU courses are for individuals who simply desire advanced education while working towards fulfilling their CEC/CEU requirements. The CEC/CEU courses are not instructor-led and has only a final exam to complete. A College/University certificate program course is approved by the same organizations, covers the same content, but is instructor led, has more in-depth assignments, and counts towards a College/University certificate of completion (which is sent out by the school, with the school's name on it). This is a great option for those who desire to fulfill their CEC requirements in addition to earning a certificate of completion from an accredited college/university (which helps in increasing one's credibility).

2. How Do I register for a CEC/CEU course?
a) From the main CEC/CEU page, select from one of the following categories to
   begin:
   - Exercise Prescription
   - Exercise Science
   - Female Health
   - Fitness Business
   - Nutrition
   - Senior Fitness

b) Find the course you are interested in registering for and click on the "add to
   cart" button, which is located next to the course title.

c) Once you have finished choosing all of the courses you are interested in you can proceed to
   check out

d) Once you submit your information, the registration is complete.

3. What do I do after I register?
After you register you will receive a confirmation email (within 2 business days) from dopft@yahoo.com which will include the steps required to access the course(s) you registered for.

4. It has been more than 2 business days since I registered and I haven't received my confirmation email. What do I do?
If after 2 business days you have not received a confirmation email, call Dimitri Onyskow at (574) 849-1281. Dimitri is the Director of the online CEC/CEU courses and will be able to help you receive your confirmation email and gain access to the course(s) you registered for.

5. I receive an error message when inputting my login information for course access. What do I do?
If you are having issues with accessing your course:
   a) Be sure you are manually entering the User ID and Password (into the correct course you registered for) that was provided to you in your confirmation email. Copying and pasting often times carries extra scripting and causes the information to become invalid
   b) Ensure cookies for the course website are enabled on your computer. To learn how to enable cookies, click here
   c) If you have tried both 1 and 2 above and still have no success accessing your course, call tech support at 800-331-5094 (option 2 for student).

6. Are there any required materials that I need to purchase, or that will be sent to me after I register?
No. The content for each course is presented online within the course websites via PowerPoint presentations and various articles.

7. How long do I have to complete a course?
Once you register, you have six (6) weeks to complete a course. After six weeks, if you have not completed your course you will be deactivated. To be re-activated, you will need to contact Dimitri Onyskow at: dopft@yahoo.com in addition to having to re-pay the $99.00 fee.

8. Can I open my exam and close it and come back later to finish?
No, the exam is timed and once activated; you have a pre-designated time to complete it.

9. How do I know if I passed the course?
To pass the course, you must receive a C- or better on the final exam. Upon completion of the exam you will receive immediate feedback as to your grade.

10. What do I do once I complete the course?
After you have completed your course you will need to complete and submit the CEC Graduation Application, which can be found in the last session of your course.

11. When will I receive my completion certificate?
After you have submitted your CEC Graduation Application you will receive your completion certificate from Educational Fitness Solutions via email one (1) to three (3) weeks after you have completed your course.