

The American Council on Exercise (ACE)

Required for Online Personal Fitness Training Program: ACE Personal Trainer Set

To complete the online Personal Fitness Training program students are required to purchase the **\$80 ACE Personal Trainer Set**:

- ACE Personal Trainer Manual
- ACE's Essentials of Exercise Science
- ACE's Practical Guide to Exercise Coaching Techniques DVD
- ACE's Essentials of Applied Anatomy and Kinesiology DVD

To purchase these items which normally this set is priced at \$99.95, but with special student pricing is only \$80.00; please visit ACE's website: <http://www.acefitness.org/students/pt-materials.aspx>, and scroll to the middle of the page and select the "ACE Personal Trainer 4th Edition Manual Set", which is located under the section: **Popular Instructor Recommended Materials**.

Be sure when checking out, that you select **Educational Fitness Solutions** as your Provider.

Recommended Student Personal Trainer Self-Study Course Bundle

For students that are interested in not only receiving the above materials, but also practice exam materials for passing ACE's Certified Personal Trainer Exam, the all-new **Student Personal Trainer Self-Study Course Bundle**, based on the 4th edition of the *ACE Personal Trainer Manual*, provides students with a bundled set of study materials to prepare for the ACE Personal Trainer Certification Exam. Students enrolled in the Personal Fitness Training Program can opt to purchase this Bundle, which is normally priced at \$150.85, for \$128.64!

The Student package includes:

- ACE Personal Trainer Manual
- ACE's Essentials of Exercise Science
- ACE's Practical Guide to Exercise Coaching Techniques DVD
- ACE's Essentials of Applied Anatomy and Kinesiology DVD
- Master the Manual Study Guide
- Sample Test with a written simulation sample problem
- Consultation with ACE Resource Center Staff

This is an option for those who want specific exam prep materials for ACE's Personal Trainer Certification Exam. It is not required to complete the Personal Fitness Training program. To purchase these items, please visit ACE's website: <http://www.acefitness.org/students/pt-materials.aspx>, and select the "Student Pick – Student Bundle". Be sure when checking out, that you select **Educational Fitness Solutions** as your Provider.