

Hi Students,

To complete this program you will need to purchase the following materials (the links below will have you order directly through ACSM):

[ACSM's Resources for The Personal Trainer](#) / **\$74.99**

[ACSM's Guidelines for Exercise Testing & Prescription](#) / **\$45.99**

**Please note often times you can find these materials used on Amazon.com used, and at a lower price point.**