

Hi Students,

To complete this program you will need to purchase the following materials (the links below will have you order directly through ACSM):

ACSM's Resources for The Personal Trainer. **Go to this link:** <https://goo.gl/CvF1w2>

ACSM's Guidelines for Exercise Testing & Prescription. **Go to this link:** <https://goo.gl/ZqxbBw>